

















SYRTÓS SKÝROU
(Greece - Skýros)

Syrtós Skýrou (seer-TOHS SKEE-roo) is an island form of the Pan-Hellenic Syrtós. Often in the Sporades and Kyklades island groups, the Syrtós has a bouncy, hopping style. This form features the hopping style Syrtós from the island of Skýros in the Sporades off the coast of Western Greece.

Record: Society for the Dissemination of National Music, Athens, Greece, 105, side B, band 2. 2/4 meter 

Formation: Dancers in a broken circle with hands joined at shldr height, elbows bent and down. The hands should be comfortably back near the shldr.


Charac- The styling is rather bouncy with a very characteris-
teristics: tic hop after the first long beat. Often the basic Pan-Hellenic Syrtós is done, and as the dancers get into the dance they begin to dance more vigorously, adding the hops and stamps. This Syrtós often breaks up into cpls and becomes a Bállos with the same type of styling.

<u>Meas</u>	<u>cts</u>	<u>Pattern</u>
		 slow and quick quick
1	S  Q 	Step sdwd to R on R ft. Step across in front of R on L ft (or step behind R on L ft).
2	Q  S  Q  Q 	Step to R on R ft. Step across in front of R on L ft. Step to R on R ft. Step across in front of R on L ft.
3	S  Q  Q  Q 	Step to R on R ft.) Step next to R on L ft) Step in place on R ft)
4	S  Q  Q  Q 	Step in place on L ft) Facing ctr Step in place on R ft) Step in place on L ft)

The "special" style of the Syrtós and Bállos is caused by the hop on the "and" beat after the slow count of each measure.

S & Q Q

hop

1		Step sdwd to R on R ft. Hop on R ft. Step across in front of R on L ft. Step next to L on R ft.
2-4		Repeat action of basic step.

Dancers will tend to be on the balls of the feet. You begin to feel as if you are skimming over the ground and barely touching it.

Presented by John Pappas